

# **COVID-19 Vaccine: What you need to know**

If you haven't received the COVID-19 vaccine yet, you may have questions about the vaccine's safety and effectiveness, the cost or something else entirely. We're here to give you the facts.

# Who is eligible to get the vaccine?

Anyone who is age 12 and older is eligible to get a COVID-19 vaccine. People age 17 and under will receive the Pfizer vaccine, while those 18 and older are able to receive the Moderna, Pfizer or Johnson & Johnson vaccine.

#### What are the benefits of the vaccine?

A COVID-19 vaccine may prevent you from getting COVID or becoming seriously ill or dying due to COVID. It can also prevent you from spreading the virus to others.

## Can you get COVID-19 from the vaccine?

No. The COVID vaccines in the U.S. don't use live vaccine, so it won't cause you to get the virus. Keep in mind that it takes a few weeks following a vaccination for your body to build immunity. It's possible that you may become infected with the virus just before or after being vaccinated.

## What are the long-term side effects of the vaccine?

We do know that having COVID-19 can cause significant long-term effects. Because these vaccines are new, it's not yet clear if there will be any long-term side effects from the vaccine itself. Please know that vaccines rarely cause long-term side effects. If you're concerned, vaccine side effects are reported to a national program called the Vaccine Adverse Event Reporting System (VAERS). You can find that information on the CDC's website.

# Should I get the vaccine even if I've already had COVID?

Yes! Getting COVID-19 might cause some immunity, but it's not clear how long that protection lasts. If you were treated for COVID-19 with monoclonal antibodies or convalescent plasma, you must wait 90 days before getting the vaccine.

# Should I get the vaccine if I am breastfeeding?

According to the CDC, COVID-19 vaccines are thought not to be a risk to lactating people or their breastfeeding babies. Therefore, lactating people can receive a COVID-19 vaccine. Recent reports have shown that breastfeeding people who have received COVID-19 mRNA vaccines have antibodies in their breastmilk, which could help protect their babies.

#### What if I've got more questions about the vaccine?

If you have questions or concerns about the COVID-19 vaccine, please contact your primary care provider or Lawrence-Douglas County Public Health.

Please note: This resource is based on information available at the time of production. LMH Health does not make any claims or guarantees to the completeness of the information, and expressly disclaims liability for any errors or omissions. Please check our website at <u>Imh.org/vaccine</u>, or visit <u>Idchealth.org/coronavirus</u>, <u>douglascountyks.org/coronavirus</u> or <u>cdc.gov</u> for the most up-to-date information.



# Where can I get the vaccine?

LMH Health Primary Care Clinics may offer Janssen (Johnson & Johnson) COVID-19 vaccine (1-dose series) and/or Pfizer/BioNTech (2-dose series) at these locations:

#### Appointment Required, Often able to schedule same day

- East Heights Family Care | 785-505-5420
- Eudora Family Care | 785-505-2345
- Family Medicine of Baldwin City | 785-594-2512
- Family Medicine of Tonganoxie | 913-845-8400
- Internal Medicine Group | 785-505-5160
- Internal Medicine Group at LMH Health West | 785-842-5070
- McLouth Medical Clinic | 913-796-6116
- Mount Oread Family Practice | 785-842-5070
- Reed Internal Medicine and MDVIP Affilliate | 785-505-5635
- Total Family Care | 785-505-5850

#### **Appointments Preferred, Walk-Ins Welcomed**

First Med, 3211 South Iowa St, Suite 100, Lawrence, KS | 785-505-5475 Monday – Friday: 8 a.m. to 5:30 p.m. Saturday: 8 a.m. to 4:30 p.m. Sunday: 1 to 5 p.m.

# Lawrence-Douglas County Public Health Pfizer Vaccine Clinic

Please visit <u>Idchealth.org/COVIDVaccine</u> to schedule an appointment and to view dates/times for walk-in options.

# **Other COVID-19 Vaccination locations in Douglas County**

- Auburn Pharmacy, Baldwin & Eudora
- CVS
- Dillon's Pharmacy
- Family Medicine Associates, PA
- Heartland Community Health Center
- Hy-Vee Pharmacy
- Jayhawk Pharmacy
- Jayhawk Pharmacy West
- Lawrence Family Medicine & Obstetrics
- Lawrence Family Practice
- Medical Arts Pharmacy
- Orchards Drug
- Sigler Pharmacy
- Walgreens
- Walmart
- Watkins Health Services